

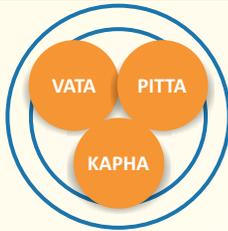
#bring **AYURVEDA**  
**HOME** again

Inspired by Nature. Developed by Science.



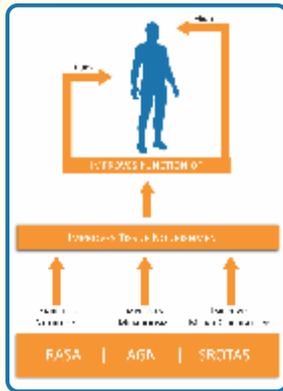
Pioneer in Developing Ayurvedic Nutrition & Detox Supplements  
using Ancient Formulations, Loaded with Phytonutrients.

# 7 Tissues Nourishment Concept (7TNC) by Herbalage



Step 1

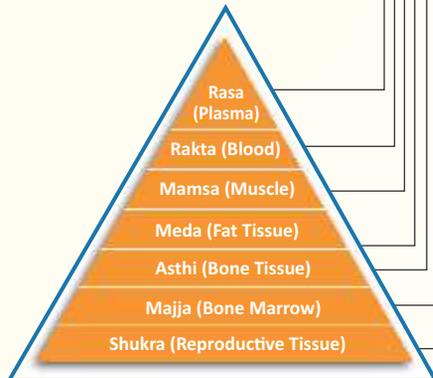
Balancing of Vata-Pitta-Kapha which together regulate and control catabolic and ana anabolic metabolism and helping in building up the body tissues. Any malfunction in these doshas causes disease.



Step 2

Promoting Rasa-Agni-Srotas which is called Rasayantantra, and act at one or at all three levels and nourish all the 7 structural tissues to give you improved and completely nourished body and mind.

After Balancing Vata-Pitta-Kapha and promoting Rasa-Agni-Srtptas they nourish all the 7 structural tissues.



Step 3

- 1 Being primary constituent of the human body are the extra cellular and intracellular fluids, which nourishes and strengthens blood tissue.
- 2 When the rasa is nourished it becomes rakta dhatu of blood tissue which carries macro and micro nutrients to the body-cells blood vessels.
- 3 Mamsa is derived from the rakta dhatu which represents the muscle tissues and constitutes the cover of the internal organs, structural and bones.
- 4 When the mamsa undergoes refining, becomes meda dhatu which plays significant role in lubrication of the body parts and constitutes brain, nervous and the spinal cord.
- 5 When the meda undergoes refining it becomes asthi dhatu, which include all the cartilaginous components of the human body.
- 6 Majja dhatu which is also know as myeloid tissue, it stay within the bone cavity and also found inside the spinal cord and the brain.
- 7 In chiefly responsible for the reproductive capacity of the human body. It is most refined product of all the preceding dhatus. In males, it is known as sukra (Includes the sperm). In female, it is known as sronita (Includes the ovum).

## Philosophy:

“Inspired by Nature - Developed by Science”

Mother Nature has gifted the Human race a powerful – tried & tested science to upkeep the health and eradicate the disease(s), that dates back to more than 5000 years, which widely known as Ayurveda “the Science of Life”.

We at Herbalage Wellness India, has taken this gift with a different approach. Using the ancient scriptures to formulate the supplements while combining the ingredients as per their phyto-nutrients content has become our core expertise in this last 1 decade of our product development.

Feel healthy inside – Look beautiful outside.



**mohammad aqeel syed, MD & CEO**

# Extremax



An Ancient & Royal  
combination to provide  
7 tissue nutrition.

- ✓ Nourishes each structural Rasa, Rakta, Mamsa, meda, Asthi, Majja and Shukra.
- ✓ Rejuvenates mind, tissues and body thus eases from physical & mental stress.
- ✓ Maintains healthy hormonal balance, digestive system and increases vitality.

## Peek Energy & Nutrition

Extremax is a miraculous exploration of Molecular Ayurveda inspired by 7 Tissues Nourishment concept thus nourishes seven structural component known as Sapta Dhatus, it is combination of sacred herbs which.

**WITHANIA SOMNIFERA** - It contains phytochemicals cuscohygrine Withanolides and withaferin A. It acts as antioxidant which inhibits formation of free radicals and iminates toxicity from the whole body thus helps to soothe nerves and strengthen the musculoskeletal system.

**CHLOROPHYTUM TUBEROSUM**<sup>11</sup> - It contains vitamin c, carbohydrates, proteins, fibre, saponins, and alkaloids. They enhances the energy level of the body by hastening the cell metabolism, improves sexual performance in men, prevents premature ejaculation & also Increase of both testis weight and serum testosterone levels.

**ASPHALTUM** - It contains phytonutrients fulvic acids, dibenzo alpha pyrones, humic acids which helps in enhance liver, kidney & thyroid functions thus secretes enzymes and juices for healthy metabolism, infections and allergies, Strengthens<sup>12</sup> & tones the sexual glands and increase blood circulation to the genitals organ.

**MUCUNA PRURIENS (KAUNCH)** - Mucuna pruriens aphrodisiac, androgenic, Analgesic as one of the best reproductive tonic for men and women alike. It also supports normal fertility, healthy sperm and ova, proper functioning of the reproductive organs, and appropriate genital secretions. It supports every aspect of shukra dhatu.

**ANALYCUS PYRETHRUM (AKARKARA)** - It contain main bioactive compound alkyl amides; helpful in fertility and libido enhancement as well as a 'brain tonic'. It may increase testosterone production by stimulating the release of the gonadotropins: follicle stimulating hormone (FSH) and luteinizing hormone (LH).<sup>13</sup>

**HATAGIREA (SALAM PANJA)** - Salam panja is a nervine tonic and a potent aphrodisiac, which help treat people with low desires and Incompetency.

**GLYCYRRHIZA GLABRA (YASHTIMADHU)**- It contains phytonutrients glycyrrhizin, asparagines, glycoside isoliquirtin. It enhances immunity by boosting levels of interferon that fights off viruses, prevents damage from LDL cholesterol (Bad fat), Discourages clogging plaque formation which can damage heart.

**PUERARIA TUBEROSE (VIDARIKAND)**- It contains steroids, sugars, amino acids and sterols. It is a powerful detox; strengthen liver and spleen in conditions of degeneration of hepatic and splenic tissues. Improve the quantity of breast milk during lactating period in the women. In men it improves the sperm count, libido and sexual vigor in males.

**TRIBULIS TERRESTRIS (GOKSHURA)** -It have anti-inflammatory, anti-arthritis, anti-hypertensive, anti-gout property. It has great ability to increase Luteal Hormone in a men and women. It has used extensively relieving Uro-genital system diseases.

Reference: 11. Medicinal Plants more on Safed Musali. Georgia: Agriculture and Industry Survey; 2001. Anonymous. 2001:38-9. 12. Meena H, et al. Shilajit: A panacea for high-altitude problems. Int J Ayurveda Res. (2010) 13. Sharma V, et al. Evaluation of the anabolic, aphrodisiac and reproductive activity of Anacyclus pyrethrum DC in male rats. Scientia Pharmaceutica. 2009;77(1):97-110.



## Natural Omega & CO-Q10

**BlackFlax** combines two super seeds, which consideration sacred and treated sa blessings to humankind from time immemorial. Black Seeds considered are loaded with anti-oxidant and have been playing significant role in treating all sorts of illness from ancient time, while Flax Seeds are loaded with Omega-3 essential fatty acids. The combination works wonder in managing lipid profile, preventing un-natural ageing and helping manage number of health conditions including; diabetes, heart and menopausal, digestive disorder and fighting cancer etc.

**Nigella Sativa (Black Seeds)** contains photochemical linoleic acid (omega-6), Linolenic Acid (Omega-3), Oleic Acid (omega 9), thymoquinone (TQ), thymohydroquinone ,Thiamin, Riboflavin, Pyridoxine, Niacin, Folacin, Calcium, Iron, Copper and it is rich source of omega 6 which helps in harmonize the immune system and synthesis of prostaglandin E which suppress the release of allergic response thus nourish brain cells, immune system and regulate blood pressure. The carotene of it is converted by liver into vitamin A which is important for anti tumorous activity and recover injury , improves brain function, reduce depression and lower blood cholesterol.

**Linum Usitatissimum (Flaxseed)**<sup>9</sup> are being consumed as food for around 6,000 years and may have very well been the world's first cultivated super-food. It is the richest source of plant-based omega-3 fatty acids, called alpha-linolenic acid (ALA) in the world. Flax Seeds are also no. 1 source of lignans in human diets which, contains about 7 times as many lignans of sesame seeds. Flax Seeds help balance healthy cholesterol ratio, improve intestinal absorption of nutrients and balance hormonal health. It also helps address obesity.

Apart form extensive usage of Black Seeds in Ayurveda, it's also, in Islamic literature, Tibb-e-Nabawi (Prophetic Medicine) is considered as one of the greatest forms of healing medicine. Sages also have been found to propagate that Black Seeds can treat any disease expect death.

### DO YOU KNOW?

7 Afr J Tradit Complement Altern Med. 2011; 8(5 Suppl): 226-232.

8 Iran J Basic Med Sci. 2014 Dec; 17(12): 967-979.

9. American Journal of Clinical Nutrition, September 2008, VOL. 88, Issue-3, Pages 801-809

## BlackFlax



An excellent source of **Omega-3 essential fatty acids, protein, carbohydrates, vitamins A, B1, B2, C, minerals; calcium, potassium, iron, magnesium, selenium and and zink etc.**

- ✓ Full of anti-oxidants - helps prevent disease.
- ✓ Helps in type II & type I diabetes.
- ✓ Balances cholesterol & manage heart conditions.
- ✓ Manages obesity.
- ✓ Helps attain healthy skin & hair.

# MoringaX<sup>3</sup>



A great source of  
Natural Anti-Oxidant, Multi Vitamin, Calcium, Magnesium,  
Protein, Potassium, Beta Carotene & Folic Acid.

- ✓ Loaded with Nutritional profile.
- ✓ Abundance of Anti-Oxidants.
- ✓ Lowers Blood Sugar Level.
- ✓ Reduces Inflammation.
- ✓ Balances Cholesterol.

Reasons behind Moringa is considered as **SuperFood**.



## Nutrition & Anti-Oxidant

Moringa X<sup>3</sup> is wonderful combination of 3 super Ayurvedic ingredients Moringa, Noni and Beetroot. Together they help; Boost immune system and prevents viral & bacterial infection. Nourishes bones & muscle tissues. Stop un-natural ageing and improve re-productive system. Balance cholesterol & blood sugar. Detoxify.

Moringa Oleifera contains Phyto-nutrients, minerals and other nutrients like; calcium, potassium, iron, beta-carotene folic acid, pyridoxine and nicotinic acid, tannins, Quercetin, Chlorogenic acid , terpenoids, anthraquinones, glucosinolates.

Moringa also referred as The Mighty Moringa is rich source of phytonutrients with its powerful antioxidant activity against free radicals, prevents ageing, helps to treat inflammation, arthritic condition, infectious disorders, various problems of the cardiovascular and digestive organs, while improving liver & kidney function, blood sugar level, lowering lipid and cholesterol level .

Noni or Morinda Citrifolia contains Phyto-nutrients, minerals and other nutrients like; Vitamin A, C, Vitamin-B Complex, calcium, potassium, scopoletin and adaptogen.

Noni helps in boosting immunity & increasing white blood cell production, stimulating the production of serotonin and preventing the condition of anxiety and depression.

Beetroot contains beta cyanine , protein, phosphorus, potassium, iron carotenoids, lutein/ zeaxanthin, glycine, betaine, dietary fiber, vitamin C, Magnesium, iron, copper and phosphorus and minerals.

Beetroot helps in improving blood-flow, blood-counts, balancing cholesterol ratio, building blocks of energy metabolism and thus providing fuel for energy and strength.



## Detox & Anti-Oxidant

CurcumaX3 is blend powerful anti-oxidant and detoxifying agents Curcuma Longa, Azadirachta Indica or Neem and Rubia Cordifolia or Manjishtha. Together they help.

- Balance all three dosha Vata-Pitta-Kapha.
- Detoxify blood, prevent skin allergies improve vision & hair health.
- Prevent ageing and growth of cancer cells in the body.
- Attain glowing skin, soft, dense and long hairs.

Curcuma<sup>3</sup> Longa or Haridra contains phyto and other micronutrients; curcuminoids, rhizome, termerone, curcumin.

Curcumin in Curcuma Longa is capable of identifying and stopping the formation of potential cancer cells. It is also able to inhibit the production of nitrosamine and aflatoxin enzymes, which have been associated with an increased risk of several types of cancer. It also helps in blood purification, common cold, liver infection, dropsy, internal injuries, acne, psoriasis and jaundice etc.

Curcumin's anti-inflammatory activity is osteoarthritis. Research<sup>4</sup> published in 2011 found that patients who added 200 mg of curcumin a day to their treatment plan had reduced pain and increased mobility. They also found that a turmeric extract blocked inflammatory pathways, effectively preventing the launch of a protein that triggers swelling and pain.

**Azadirachta Indica or Neem** contains tannins, saponins, glycosides, flavonoids etc. which helps purify blood, enhance enzyme and hormone function, improve liver and kidneys function and detoxify whole body.

**Rubia cordifolia or Manjishtha** contains phytochemicals; anthraquinone gamma-amino butyric acid, serotonin etc., which helps heal damaged skin tissue and clears dark spots and removes toxin release in the blood.

3. WILKEN R VEENA MS, WANG MB AND SRIVASTAN ES: CURCUMIN: A REVIEW OF ANTI-CANCER PROPERTIES AND THERAPEUTIC ACTIVITY IN HEAD AND NECK SQUAMOUS CELL CARCINOMA. MOL CANCER. 10:1220114.  
4 IFT.ORG JANUARY 11, 20114.



# CurcumaX<sup>3</sup>



A rich source of  
Curcumin and natural vitamin B6, C & E, Riboflavin, Iron,  
Omega-3, Carotenoids & Flavonoids.

- ✓ Rich in anti-oxidants.
- ✓ Powerful anti-inflammatory agent.
- ✓ Improves brain functions.
- ✓ Reduces risk of heart diseases.
- ✓ Stops cancer cells growth.

# SpirulinaX<sup>3</sup>



A rich source of Natural 60% protein, Vitamins A, K1, K2, B12, Iron, Manganese and Chromium. An excellent source of health-giving phytonutrients; carotenoids, GLA, SOD and phycocyanin. Green tea is a source of flavonoids.

- ✓ Powerful Detox.
- ✓ Lowers Blood Pressure & Reduce Cholesterol.
- ✓ Boosts energy & strengthen your body.
- ✓ Improve fat metabolism.
- ✓ Help lose body weight.

Reason Behind why Spirulina is Considered as SuperFood.



## Nutrition & Fat Metabolism

**Spirulina X<sup>3</sup>** is the powerful combination of Spirulina, Green Tea and TAMARINDUS INDICA also known as Vilaiti Imli in India. Together they support to build extra ordinary energy level and help;

- Balance vata and pitta and kapha and detoxify at rasa level.
- Provide nutrition to agni and thus rejuvenate blood cells and tissues.
- Strengthen the musculoskeletal system.
- Digestive system, balance body weight and lipid metabolism.
- Improve liver function, stabilize blood sugar and also lower blood pressure.

**Spirulina** contains phytochemicals and nutrients such as; beta carotene, vitamin a, gamma linoleic acid, essential fatty acids, amino acids, protein, phenylalanine, potassium, chromium, copper, magnesium, manganese, phosphorus, selenium, and zinc, chlorophyll, both omega-6 and omega-3 fatty acids.

**Spirulina** helps eliminate cell-damages, neutralize free radicals and promotes cell regeneration. It also increases hemoglobin (RBC) and by enhancing the absorption of vitamin, minerals, iron, calcium and essential protein level in the body and provides the nourishment and energy to whole body and tissues.

**Green Tea** contains powerful anti-oxidants; polyphenols like flavonoids and catechins, they help Increase fat metabolism to give you desired body shape. Flavonoid also helps in preventing cancer cells growth, heart diseases and strokes.

**Tamarindus Indica or Vilaiti Imli** contains phyto and micronutrients such as; Phytochemicals hydroxycitric acid, potassium salts, magnesium salt. Thiamin, vitamin-a, folic acid, riboflavin, niacin.

**Tamarindus Indica** is powerful anti-oxidant which helps improve liver functions enhances net protein utilization rate of between 50-61% and increase fat burning during exercise.

5. KHAN Z, BHADOURIA P, BISEN PS NUTRITIONAL AND THERAPEUTIC POTENTIAL OF SPIRULINA. CURR PHARM BIOTECHNOL  
6. DONA M, DELL'AICA I, CALABRESE F, BENELLI R, MORINI M, ALBINI A, GARBISA S, NEUTROPHIL RESTRAINT BY GREEN TEA. 2003;170:4335-4341.



# GarlicX<sup>3</sup>



A rich source of  
Manganese, Calcium, Phosphorus, Selenium,  
Vitamins B6 and C  
and Co-Enzyme Q-10.

- ✓ Reduce inflammatory and risk of arthritis.
- ✓ Boosts immunity - prevent ageing.
  - ✓ Improve cardiovascular health.
- ✓ Improve lipid health & manage blood pressure.
  - ✓ Toxic to 14 kinds of cancer cells.

## Anti-Oxidant & Heart Health

**Garlic X<sup>3</sup>** is blends of powerful antioxidants with an amazing array of healing and anti-inflammatory properties; help to reduce risk for heart disease, including heart attack and stroke, normalize your cholesterol and blood pressure, protects against cancers including prostate, brain, and lung and reduces risk of osteo-arthritis.

**Garlic (Allium Sativum)** contains enzymes, oligosaccharides, arginine-rich proteins, selenium and flavonoids, calcium, copper, iron, manganese, phosphorus, potassium selenium and rich in 80 sulfur-containing compounds Allicin, Vitamin A, B-1, B2, B6, and C. It posses anti-oxidant enzymes which reduce oxidative stress, protect against cell damage, high blood pressure and ageing. It helps restore healthy cholesterol ratio and reduces buildup of plaque in arteries. It also possesses anti-bacterial, anti-fungal, anti-parasitic and anti-viral properties, which fights against bacterial infections, boosts immune system and balances blood sugar.

**Termanalia Arjuna** is rich in Co-Enzyme Q-10 and phytonutrients; glycosides, flavones, tannins, antiherps, ethnanolic which re-energize every single cell in the heart, repair damage to epicardial tissue surrounding the heart and optimize oxygen requirements in the heart. Arjuna helps uphold a healthy heart, decrease the effects of stress and anxiety, lowers beta-lipoprotein lipids, promotes well-organized cardiac performance and regulates blood pressure to normal thus relives from hypertension. It also helps in balancing cholesterol.

**Rauvolfia Serpentine** contains phytonutrients; reserpine , yohimbine, reserpine , rescinnamine, serpentinine rauvolfia, serpentine which help reduce oxidative neurotoxicity thus induce sleep, productivity, peak brain performance, detoxify blood and treat high blood pressure. It also helps teat insomnia & strengthen musculoskeletal system.

Garlic can enhance your athletic performance and sports activities. Most notably, it was administered to Olympic athletics in ancient Greec.

DO YOU KNOW?



10. Nutrition facts for raw garlic, USDA National Nutrient Data-base, version SR-21. Conde Nast. 2014 Retrieved 2 November 2014.

## Healthy BMI & Body Weight

### Obesity – in the Ayurveda's terms

According to Ayurveda, 'Sthoolya' is the term, which defines obesity. It is often referred to as 'Medoroga'. The meda or fat is the main cause for this condition, which is caused by the impairment of the agni (enzymes) (Medadhatwagni) responsible for the break up of the molecules of fat. The obstruction of the fat, the movement of food is confined to koshtha (abdominal viscera) resulting in the stimulation of the digestive power and absorption of food. In the event of disproportionate increase of fat, the body becomes vulnerable to many diseases.

### ShapeMe Obesity & BMI Support

ShapeMe is an Ayurvedic formulation, which is rich source of natural appetite suppressant and dietary fibers and contains phytonutrients anahygrine, tropine, anaferine, fiber, omega 3, glycosides, folic acid and potent antioxidant polyphenols which helps increase the metabolic rate to “burn off” excessive fat, suppress the absorption of fats from the intestines and eliminates excessive water from body. ShapeMe contains following sacred herbs.

**Triphala** is a rich source of natural vitamin c, calcium and other micronutrients and performs as anti-oxidant helps Improves and ignites digestion fire and liver function.

**Trikatu** Stimulates the liver to secrete bile, which is vital for fat digestion.

**VilayatiMli (Pithecellobiumdulce )** stimulates triglyceride hydrolysis in order to diminish fat stores, thereby combating obesity.

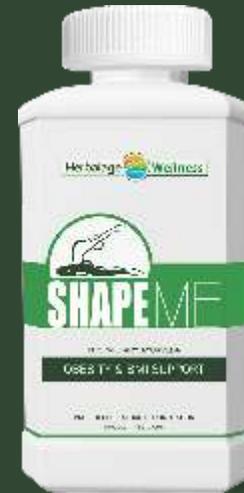
**Phytonutrients** anaferine , glycosides, withenolide in Ashwagandha helps balance physical and mental stress and rejuvenates the nervous as well as immune system.

**Chitrakmool (PLUMBAGOZEYLANICA)** helps strengthen the digestive system for proper assimilation of food stuffs, promote sweating and help lose extra body fat.

**Makandi (COLEUS FORSKOLII)** helps metabolize fat, balance thyroid Hormone production and increase digestive enzyme.

**Gugulu (Comiphora MUKUL)** contains guggulsterones, immunostimulant, stomachic, thyroid stimulant helps in maintaining cholesterol & weight.

## Shapme



### An Ayurvedic & Natural Body Weight & BMI Management Supplement

- ✓ Reduce extra body fat.
- ✓ Controls excessive appetite.
- ✓ Eliminate excessive water from body.
- ✓ balances Thyroid hormone production.
- ✓ Provides desired body shape.

# Whey Better™

## Protein & Multivitamin Supplement



A wonder combination of  
Whey + Casein, Multi-Vitamins  
and Minerals.

- ✓ Helps attain ideal body weight.
- ✓ Manages obesity.
- ✓ Supports in diabetic and heart condition
- ✓ Boosts immunity.
- ✓ Strengthens over-all body.

## Protein Supplements

### If You Want:

- To have healthy heart, muscles, bones and joints?
- More stamina, strengthen and endurance?
- Leaner, meaner, smarter, fitter and healthier body?

Whey Better™ Protein & Multivitamin Supplement is an ideal answer. It is the most ideal combination of whey, casein and Multi-vitamins.

### How does Whey + Casein blend work?

Whey digests fast and results in a rapid and large increase in plasma amino acids, which quickly but transiently increases protein synthesis, without affecting protein breakdown. Casein is in nature has a slower rate of digestion, and results in a slow but steady release of amino acids into circulation. Whey Better™ Protein & Multivitamin Supplement is an ideal combination of both. Whey provides a quick burst of protein synthesis while casein makes an ideal protein supplement to sustain long periods of an anabolic environment for essential growth and development.<sup>12</sup>

### Role Of Amino Acids

No matter vitamins and minerals are absorbed and assimilated by the body, but they can not be effective unless the necessary amino acids are present in the body.

### Whey Better™ Protein & Multivitamin Supplement helps:

- Maintain a low glycaemic index to support balanced blood sugar level.
- Supports a healthier and efficient fat cell metabolism.
- Helps boost the immune system.
- Support to accelerate the hormonal processes and regeneration.
- helps maintain optimum body weight by promoting the regeneration of muscle mass and therapy have an indirect impact on the reduction of subcutaneous fat.
- Helps support overall heart health.
- Helps support adequate general growth and the development of children and teenagers doing sports.

12. PRESCRIPTION FOR NUTRITIONAL HEALING BY PHYLLIS A. BALCH, C.N.C. ENCYCLOPEDIA OF NUTRITIONAL SUPPLEMENTS BY MICHAEL T. MURRAY, ND, DANGIN M, BOIRIE Y, GARCIA-RODENAS C, GACHON P, FAUQUANT J, CALLIER P, BALLEVRE O, BEAUFRERE B. THE DIGESTION RATE OF PROTEIN IS AN INDEPENDENT REGULATING FACTOR OF POSTPRANDIAL PROTEIN RETENTION. AM J PHYSIOL ENDOCRINOL METAB. 2001 FEB., 280(2):E340-8.



A natural source of Vitamin C, A, E, B-complex vitamins, dietary fibers, iron, copper, potassium, manganese, zinc, magnesium and selenium.

- ✓ Supports bowel movements.
- ✓ Regulate routine elimination.
- ✓ Cleanses intestinal system.
  - ✓ Helps in gas & gerd.
- ✓ Anti-oxidant & anti-ageing.

## Triphale X<sup>3</sup> Internal Cleansing

Triphala (amla+haritaki-vibhatki) balances tri-dosha and help attain good digestive health and being enriched with vitamin C, it helps attain good eyesight, soft, supple and thick skin at every age. Saunf is digestive, optimizes metabolic rate and promote liver functions. Husk being laxative promotes routine elimination and cleansing.

## Saraca X<sup>3</sup> Women's Health

Saraca X3 helps regulate ovarian process, menstruation and ovulation. Improves reproductive health, energy and endurance. It also helps keep skin supple, glowing and shining, improves digestive system and helps relieve dysmenorrhea in young women by expelling uterine debris.



## Musli X<sup>3</sup>

Men's Health

Musli X3 combines the wonder strengthening and aphrodisiac agent which helps boost your energy, flexibility and enough endurance for your peak physical performance. It also helps boost immunity and stop the sign of early ageing.

## Punarnava X<sup>3</sup> Liver & Kidney Detox

Punarnava X3 helps detoxify whole body by improving the functions of and rejuvenating liver, kidneys and urinary tract. It supports to alleviate liver enlargements and low fire in the liver. And it also regulate metabolism to help in obesity.

## Bosewellia X<sup>3</sup>

Joints Health

Bosewellia X3 is a rich source of natural anti-inflammatory, anti-analgesic and anti-arthritic agents. It helps reduce swelling, increase mobility, improved grip. It also helps treat inflammation of the joints and alleviates pain.

## Cordifolia X<sup>3</sup>

Immunity

Cordifolia X3 helps balance your Vata-Pitta-Kapha and strengthen immune system, builds body cells, supplies day long needed energy and stop un-natural ageing. It helps to protect against parasitic, viral, and bacterial infections and provide you natural shield against common cold and flu related problems.

## Gymnema X<sup>3</sup> Sugar Health

Gymnema X3 is natural anti-diabetic, antiseptic and blood purifiers. The combination helps regulate absorption of blood sugar, normalize level of glucose and improves sensitivity of insulin receptor. Equally helpful in Type I diabetes as it is in Type II.



## Sugar Metabolism Support

It helps to control diabetes by improving the utilization of blood glucose, sensitivity of insulin receptor in type ii diabetic condition and activate the beta cell. Improves immunity and minimize diabetes symptoms.

## Breathing & Oxygen Health

It is combination of more than 7 herbs majorly mulethi, pippli, shunthi which is anti-allergic and immunity booster. Helps to Builds immunity against bacterial, viral and fungal infections thus overcome form allergies and infections of lungs and respiratory tracts.

## Irritable Bowel Support

Combination of Kutaj, bealphal, kutki helps lubricates and soothes the bowel and prevent ulcers, chronic IBS, constipation, indigestion, colitis, dyspepsia and hyper acidity and absorb nutrition, successful elimination of stool in routine.

## Arthritis & Bones Health

Treat auto-immune arthritis, sleep disc, gout problem and Manage all sorts of arthritic Conditions, reduce pain, rejuvenate & heal damaged Joints, supports relax muscle spasm, increase muscular Power and thus improve flexibility.

## Gas & Gerd Support

Combination of Ajmod , ajwain & heeng these major ingredient build and strengthen GI tract helps reduce abdomen cramps, flatulence ,indigestion and help to manage hyper-acidity or gerd and promote healthy gastro-intestinal tract functioning.

## Piles & Pain Management

Powerful herbs for piles Daruhaldi, ghambhari chaal, khoonkharaba Helps reduce pressure in anal area to smoothen stool function, repair hemorrhoids, stop Bleeding and compensate pain thus establish smooth gut functioning.



## Artholax Oil

It is rooted from the sacred herbs oil mahanarayana, prasarni, gultheria, mahamash, sandhivadi, kapur which help to relieve sciatica, spondylitis, lumbago, fibrositis, gout, stiffness, pain; swelling in all sorts of arthritis and joints thus gives painless mobility.



**Herbalage®**

Wellness India

 /herbalage.in |  /HerbalageWellness |  /\_herbalage

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